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Dr. Sampson Davis was raised as the fifth of six children in Newark, one of New Jersey's poorest cities. As a child, Dr. Davis grew up in cramped living quarters, surrounded by fragmented families, crime, and drugs. Still, he was a good student and found ways to strike the fragile balance between being smart yet socially acceptable on the streets. It was this combination of skills, Dr. Davis says, that were most critical to his survival.

While attending University High School in Newark, Dr. Davis met Dr. Rameck Hunt and Dr. George Jenkins, two fellow students, who together made a promise to become doctors. Dr. Davis and his two childhood friends each successfully fulfilled their pact and today, he is a board certified Emergency Medicine Physician at St. Michaels Medical Center in Newark, NJ.

In 2000, during his residency, Dr. Davis along with his best friends felt the burning need to give back to communities in trouble. Together, they created The Three Doctors Foundation. This nonprofit organization offers a series of free public programs focused upon health, education, leadership, and mentoring.

Dr. Davis is the author of *Living & Dying in Brick City: An ER Doctor Returns Home*, in which he shares his riveting experiences as an ER physician, offering preventative guidance as a means of supporting healthier communities. He has also co-authored three

*New York Times*

best-selling books, entitled

*The Pact*

,  
*We Beat the Street*

, and

*The Bond*

Dr. Davis has appeared on a number of talk and radio shows, including *Oprah*, *The Today Show*, *The View*,

“The Michael Baisden Radio Show”,

*Tavis Smiley*

, NPR, and he has been a weekly correspondent on the “Tom Joyner Morning Radio Show” and CNN. The print publications his work has appeared in includes

*Readers Digest*

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*O Magazine*

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*People*

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*The Washington Post*

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*The New York Times*

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*USA Today*

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*Vibe*

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*Black Enterprise*

Dr. Davis has received numerous honors, one of the highest delivered by Oprah Winfrey, naming him one of “the premiere role models of the world.” He was also honored in 2000 with the Essence Lifetime Achievement Award and was also named by the magazine as one of the “forty most inspirational African Americans in the country.” He is the youngest physician to receive the National Medical Association’s highest honor, The Scroll of Merit, and was previously honored at the 2009 BET Awards.

Today, Dr. Davis practices medicine and travels throughout the country delivering keynote speeches, which offer timely lessons on topics ranging from healthcare to education and more. He believes it is important to spread a concrete message about education from which all individuals can draw inspiration. Dr. Davis considers his “three Ds” (dedication, determination, and discipline) the necessary ingredients for success.

### **Topics:** □

Living & Dying in Brick City: An ER Doctor Returns Home